

Outdoor Recess Policy

If the temperature is 30 degrees or above *and* the wind chill is 20 degrees or above, the students can go outside for recess for 15-30 minutes.

If the temperature is below 40 degrees the students must be dressed properly to go outside for recess or P.E. which means a coat, head covering (which can be a hat, earmuffs or hood), and gloves.

In these cold weather conditions, if there is a wind chill warning or a high wind advisory or warning (which may make the temperature feel colder than it really is), the students will have indoor recess. The teachers may choose to bundle the students up and go outside for a quick walk or a 5 minute recess to burn off some excess energy, but they will not go outside for an extended period of time.

In the event of extreme heat, the students *CAN* go outside for recess if the temperature is between 90 and 95 for 15-30 minutes as long as they are given frequent water breaks. If the temperature is above 95 degrees, or if there is a heat index warning, the students will have indoor recess.

In order to be consistent, we will use Weather Bug to check the conditions prior to any outdoor recess or Physical Education classes. If you have any question or want to verify what you should be doing prior to going outside, you can check with any of the school office personnel - the Principal (Miss Blackwell), the School Administrative Assistant (Mrs. Brindle) or the Admissions Director (Mrs. Armstrong).